

Cranberry Pork Chops

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6 – 8 pork chops

½ cup flour

Watkins Pink Himalayan Salt to taste

Watkins Pure Black Pepper to taste

2 Tbsp oil or butter

2 cups cranberries fresh or frozen

¾ cup water

¾ cup sugar

½ cup honey

¼ tsp Watkins Ground Cinnamon

¼ tsp Watkins Organic Ground Cloves

¼ tsp Watkins Organic Ground Nutmeg

Dredge chops in flour mixture, brown in oil or butter in a skillet. Mix cranberries with remaining ingredients. Place chops in shallow baking dish in a single layer. Top with cranberry mixture. Cover and bake at 350 degrees for 30 minutes. Remove cover and bake for an additional 30 minutes.